

## mhs.com/CAFAS

**Age** 5-19

Administration Type Youth Caregiver

Administration Time 10 minutes (approx)

Formats Online (FAS Outcomes)

**Languages** English Spanish

Paper

Qualification Level A-level



### About the CAFAS

Designed for youth aged 5 to 19, the CAFAS is the gold standard tool for assessing a youth's day-to-day functioning and for tracking changes in functioning over time. The CAFAS is backed by over 20 years of research supporting its validity and sensitivity to detecting change in behaviors. It is widely used to inform decisions about type and intensity of treatment, level of care, placement and need for referral.

The CAFAS can be quickly completed by a practitioner based on information from routine clinical evaluation providing a comprehensive and objective assessment focusing on observable behaviors.

Widely in use across North America, over 60 papers and presentations have shown CAFAS to be the most reliable and valid instrument available for measuring outcomes.

#### **How the CAFAS Works**

#### Levels of Impairment

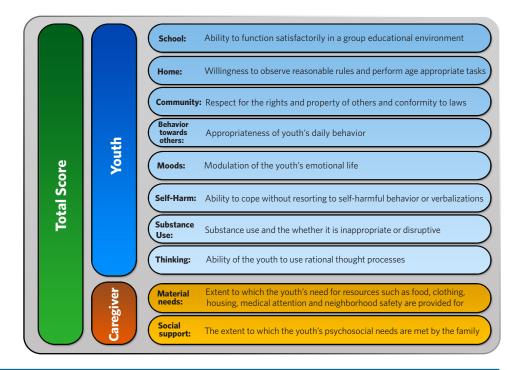
Within each subscale, the behavioral items are grouped by severity into four columns, using a continuum of severity of impairment. Each level of severity is associated with a score.

Level of Impairment		Minimal/none:	No disruption in functioning
	10	Mild:	Significant problems or distress
	20	Moderate:	Major or persistent disruption
	30	Severe:	Severe disruption or incapacitation

#### **CAFAS Subscales**

The CAFAS assesses functioning across 8 critical life subscales assessing the youth as well as two scales to assess caregiver functioning. The CAFAS yields both a total score and 10 individual subscales scores. The total score represents the total level of dysfunction and can be used to recommend intensity of treatment required. The individual subscale scores can be used to inform the focus of treatment and to monitor change in behavior over time.

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For younger children, please consider the **Preschool And Early Childhood Functional Assessment Scale (PECFAS).** <u>www.mhs.com/PECFAS</u>

### **Getting trained on the CAFAS**

Contact a Client Service Specialist to ask about training options.

## **Order the CAFAS Today**

Order online, complete an order form found in the catalogue, or place your order with a Client Service Specialist.

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